

# Food for Thought

The Newsletter of The Food Bank of Siouxland, Inc.

SPRING 2023



## FOOD BANK



OF SIOUXLAND INC.

Leading Siouxland in the fight against hunger.

DISTRIBUTION PARTNER OF  
**FEEDING AMERICA**

Food Bank of Siouxland, Inc.

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Facebook, Instagram,  
and LinkedIn!



## Dear Friends,

We hope you are looking forward to Spring weather, just as we are! I received several handwritten notes from donors and pantry guests this winter, and a general theme formed. It is summed up by a quote from Winston Churchill: "We make a living by what we get. We make a life by what we give." This supports my belief that Siouxlanders are generous and help each other when we are in need; I hope you see this is true through this newsletter. With your abundant support, the Food Bank received 3,519,253 pounds of food from all sources (donations, commodities, and purchased). This is a 10% increase from 2021 donations. The Food Bank staff and I saw a dramatic increase in the amounts of dairy donated in 2022. Produce lagged a bit behind 2021 due to a warm growing season. Meat saw a nearly 10% growth in donations from 448,000 pounds to 488,000 pounds.

Donors also responded with financial donations. We as a staff expected to see 2.5% in return donations. Because giving continues the mission of the Food Bank to fight hunger, Siouxlanders responded at a 4% return rate. Average gift size remains higher than 2021 as well. These numbers, which do not

include generous business donations from around the 11-county service area, allowed us to exceed income projections. **You are improving so many lives when you help those experiencing food insecurity!**

With all this good news, I do want to ask something of you: Will you continue to support the Food Bank of Siouxland? The food pantries and meal sites reported a nearly 25% increase in households and individuals served. With increased inflation, prices at stores remaining higher and catching up with supply chain systems, not all items a household is looking for can be found at a store when they want it. Please continue your support of the Food Bank of Siouxland. With your help, we can continue to serve over 252,000 households throughout Siouxland.



Gratefully,

Jake Wanderscheid  
Executive Director  
of the Food Bank  
of Siouxland

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# Fiscal Year 2022 Accomplishments



## A Network of Food Donors

Hundreds of retailers, manufacturers, and farmers contributed to a total of **3,381,881 pounds of food** received in fiscal year 2022.

### SOURCES OF FOOD (IN POUNDS) FY 2022

Local Donations*	1,952,666	58%
Purchase Price	684,450	20%
Iowa Commodities	666,635	20%
Nebraska Commodities	78,130	2%
<b>Total</b>	<b>3,381,881</b>	<b>100%</b>

\*Local donations include individual donors, food drives, retail store donations, and corporate donations.

## A Network of Volunteers

A total of **5,436 hours of service** provided by hundreds of volunteers

- 3,308 hours helping in the warehouse and office
- 2,128 hours assembling food sacks for the Backpack Program: *Food for Kids*

**1,114,389 pounds of food** distributed across Siouxland via the **Mobile Pantry Program: *Food to You***

- Served 20,946 households
- Served 64,088 individuals
- Including 28,751 children

**40,327 pounds of food** distributed across Siouxland via the **Mobile School Pantry Program: *Food for Families***

- Served 921 households
- Served 3,043 individuals
- Including 1,728 children

**63,030 food sacks** distributed to students in 11 area schools through the **Backpack Program: *Food for Kids*** in the 2021-2022 School Year





## A Network of Agencies & Direct Service Programs

### AGENCIES BY TYPE

Emergency Food Pantries	68
Soup Kitchens	2
Emergency Shelters	1
Residential	8
Senior	9
Rehabilitation	10
Youth Programs	8
Multi-Service	6
BackPack Schools	11
<b>Total</b>	<b>123</b>

A network that *distributed* nearly **3.3 million pounds of food** in 2022 serving **91,195 households (or families)**; representing **310,747 individuals** in food insecurity, which included **123,313 children**. **283,707 meals** and **184,315 snacks** were provided by agencies serving meals.

### POUNDS OF TOP 5 CATEGORIES OF FOOD DISTRIBUTED FISCAL YEAR 2022

- **467,817** pounds of meat (including fish and poultry)
- **462,614** pounds of fresh produce
- **425,156** pounds of dairy
- **204,245** pounds of canned/frozen vegetables
- **165,599** pounds of canned/frozen fruit



# Annual Report

Fiscal Year 2022

10/1/2021 - 9/30/2022

## Statement of Financial Position

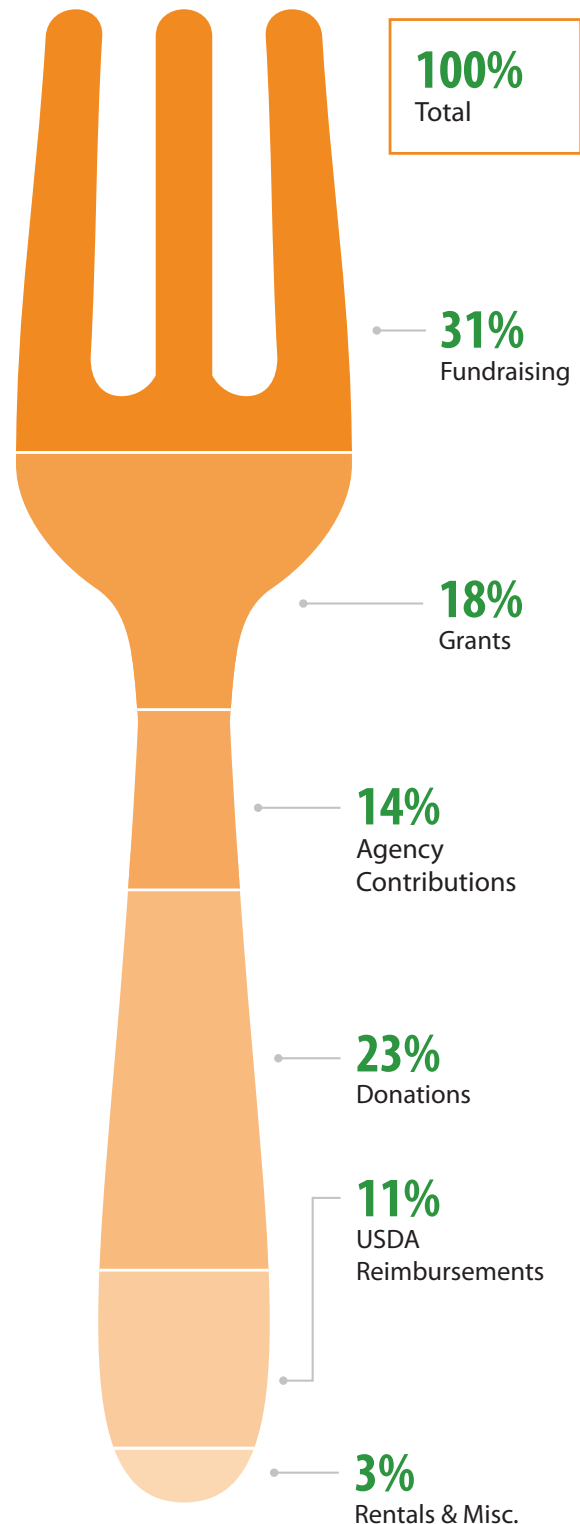
### ASSETS

	2022	2021
<b>Current Assets</b>		
Cash	\$1,075,224	\$1,834,843
Receivables	-\$14,931	-\$14,745
Prepaid Expense	\$2,243	\$6,040
Product Inventory	\$851,057	\$653,629
	<b>\$1,913,593</b>	<b>\$2,479,767</b>
<b>Property and Equipment</b>		
Less Accumulated Depreciation	(\$890,971)	(\$827,446)
	<b>\$696,487</b>	<b>\$733,265</b>
<b>Investments</b>	<b>\$490,537</b>	<b>\$61,809</b>
<b>Total Assets</b>	<b>\$3,100,617</b>	<b>\$3,274,841</b>

### LIABILITIES AND NET ASSETS

	2022	2021
<b>Current Liabilities</b>	\$28,232	\$49,268
<b>Net Assets</b>		
Unrestricted	\$3,027,322	\$2,606,505
Temporarily Restricted	\$194,162	\$157,504
Total Net Assets	\$3,221,484	\$2,764,009
Change in Net Assets	\$232,458	\$461,564
<b>Total Liabilities and Net Assets</b>	<b>\$3,482,174</b>	<b>\$3,274,841</b>

## Sources of Income





Pictured above are the past and present Pantry Coordinators: Larry LeClair, Randy Burnight, and Janet Gross

## Agency Spotlight: *First Lutheran Church*

We are highlighting First Lutheran Church of Sioux City for our Agency Spotlight! This year, First Lutheran Church is celebrating 25 years of partnering with the Food Bank of Siouxland. They hold weekly food distributions serving nearly 60 people and distributing over 43,000 total pounds of food in 2021.

### The Big 3 Food Categories First Lutheran Distributed Were:

- 1 Meat/Fish/Poultry — **approximately 9,800 pounds**
- 2 Canned/frozen fruits and vegetables — **approximately 7,000 pounds**
- 3 Fresh produce — **approximately 6,000 pounds**

Being on the north side of Sioux City, First Lutheran fills a vital role for those facing food insecurity for their neighborhood guests through partnerships with several community partners, including Up From the Earth.

**Congratulations on 25 years of service, and thank you for all that you do for our community!**

“First Lutheran Church of Sioux City has been a beacon for those facing food insecurity over the years. We’re proud to partner with this great group of people who work so hard to make life better for our friends and neighbors. Thank you for your dedication, and congratulations on 25 years of service!”

– Valerie Petersen,  
Associate  
Executive Director

## Board Member Spotlight: *Diane Schoenrock*

Meet Board Member Diane Schoenrock. Diane is serving her second three-year term on the Board of Directors for the Food Bank of Siouxland. Diane became involved with the Food Bank of Siouxland after helping at her church's food pantry, Morningside Lutheran Church Food Pantry. Morningside Lutheran Church Food Pantry has a strong, dedicated group of volunteers serving nearly 21,000 individuals a year, which equals about 500 households a month. Their dedication and service awarded the church's food pantry the Food Bank of Siouxland's Metropolitan Agency Award at the Celebrate our Friends Event in 2022.

**"Working at our food pantry really opened my eyes to the number of people in the Siouxland area who just need a little help."**

**— Diane**

Diane was fortunate to grow up on a farm near Marcus, IA, where her parents instilled in her the values of hard work. She walked beans, baled hay, butchered chickens, and canned vegetables from their garden. After high school, Diane attended school for Medical Assistant. She worked for UnityPoint Health – St. Luke's in Health Information Management for 42 years, retiring in 2018. Since retiring, she has found there are many ways a person can volunteer and make even a small difference in someone else's life. She encourages everyone to do just that.

Diane likes to keep busy but when she's not helping at the church, she enjoys watching the Iowa Hawkeyes and the New York Yankees. She also makes blankets for the Ronald McDonald House. Her grandson (pictured with Diane) was born at the University of Iowa Hospital in Iowa City, and her family knows first-hand what a wonderful place the Ronald McDonald House is. Diane's motto to live by is, "You never know what people are going through and sometimes the people with the biggest smiles are struggling the most, so be kind."





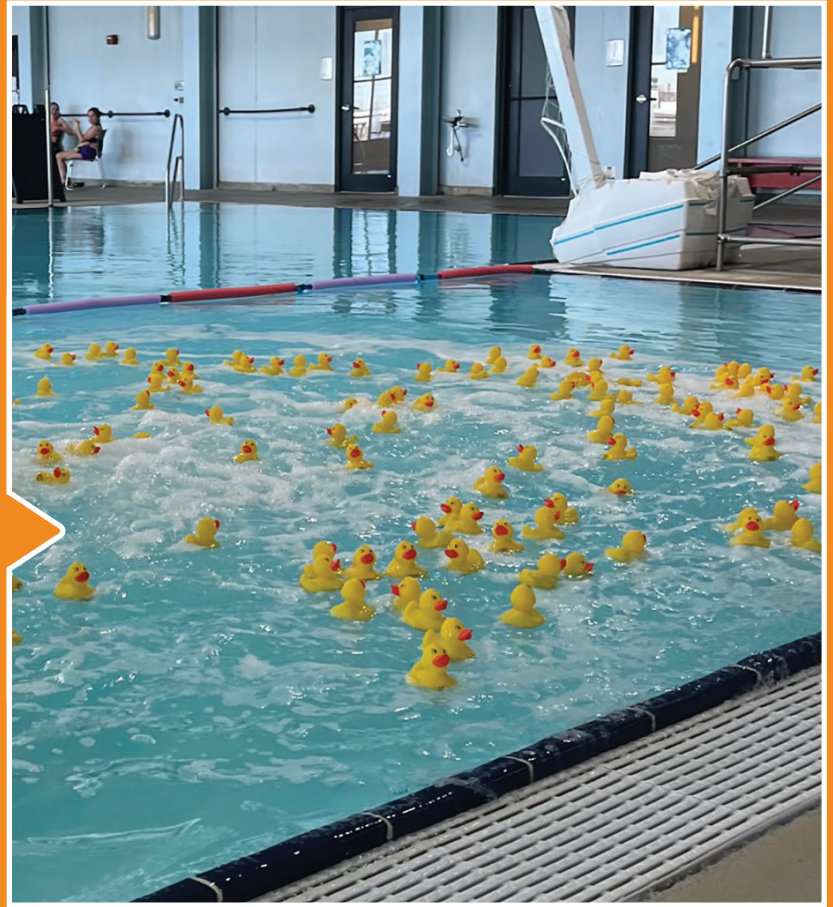
## Duck Derby Triumph

The Food Bank of Siouxland KenDUCKY Derby went SWIMMINGLY. It was a close race! Donald Duck pulled ahead of Daisy to lead the raft early. Launchpad came out of the gate a little too hot, falling over himself and not seeming to be able to recover. Daffy from the inside caught up to the front line followed by Howard just behind them. Then out of nowhere — Huey, Dewey and Louie were stride for stride, coming in hot to battle riding the rail!

**Congratulations to RJ Reimer for being the Lucky Duck crowned as the Grand Champion, winning: a party from the YMCA, a one night stay at the Marriott South Sioux City Riverfront, and a cake from Hy-Vee. Thank you to our supporters who bought ducks to race. The Food Bank staff hopes you had as much fun cheering on your ducks as we did. Your support will feed neighbors across our Siouxland communities.**

### Thank You to Our Sponsors:

The Norm Waitt Sr. YMCA,  
Marriott South Sioux City  
Riverfront, and Siouxland  
Hy-Vee



## 2023 BOARD OF DIRECTORS

Kelli Meister, *President*  
Dave Washburn, *Vice President*  
Chris Osborn, *Treasurer*  
Jessika Evans, *Secretary*

Tracey Akins  
Alejandra Flores  
Mary Helen Gibson  
Mike Gormally  
Lea Greathouse  
Lorna Halaas  
Jessica Harms  
Casey Johnson  
Brad Krommenhoek  
Colby Lessmann  
Ross Rocklin  
Diane Schoenrock  
Les Wilt  
Dan Witten

## FOOD BANK STAFF 2023

Jacob Wanderscheid  
*Executive Director*  
Valerie Petersen  
*Associate Executive Director*  
Jamie Bockelmann  
*Operations Director*  
Tiffany Kissinger  
*Program and Administrative Manager*  
Sidney Marks  
*External Development & Communications Associate*  
Jake Schoening  
*Agency Relations Manager*  
Royce Atkinson  
*Driver / Warehouse Assistant*  
Ian Claeys  
*Warehouse Lead*  
Joe Thompson  
*Full-Time Warehouse Assistant*  
Tom Kuchera  
*Part-time Warehouse Assistant*  
Devin Smith  
*Part-time Warehouse Assistant*



## Save the Date

### Siouxland Food Festival – Seaboard Triumph Foods Expo Center

**Saturday, June 3, 2023**  
**11 a.m. – 3 p.m. / VIPs receive early access!**

Join the Food Bank of Siouxland as we showcase local restaurants, caterers, bakeries, food production companies and more! This event, sponsored by Seaboard Triumph Foods, is meant to bring awareness and raise funds for those facing food insecurity in Siouxland. On average, one in every ten adults and one in every five children in the Food Bank of Siouxland's 11-county service area faces food insecurity, and if you are receiving this newsletter, your county is included in that statistic. Who better to help us in the fight against hunger than those who fill hungry stomachs every day?

**Visit the vendor booths to try foods from around Siouxland, and you might leave with a new favorite dish or restaurant! Buy tickets today at: [www.siouxlandfoodbank.org/food-fest](http://www.siouxlandfoodbank.org/food-fest).**

