Food for SPRING 2022 The Newsletter of the Food Bank of Siouxland, Inc.



FOOD BANK











Leading Siouxland in the fight against hunger.



Food Bank of Siouxland, Inc.

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PHYSICAL LOCATION

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Check us out on Facebook, Twitter, Instagram, and LinkedIn!



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Dear Friends,

I like listening to the radio and TV for encouraging words. Listening to an Under Armour commercial, the announcer states, "The only way is through." At the beginning of 2021, the fight against hunger was needed as much as ever. I hoped the need for food would slowly decline. However, in 2021, 74,717 households were served through pantries and meal sites. Volunteers, staff, board members, and donors were able to distribute just over 3.3 million pounds of food.

Have we made it through? Simply put, not yet. While COVID-19 numbers are falling, food prices remain high. Supply chain demands and increased fuel costs make it challenging for everyone from grocers to manufacturers. I will continue to work to

ensure the Food Bank is here today and in the future. Would you like to help the Food Bank in its mission to end hunger? Can you donate to the Food Bank through an event like Empty Bowls? Can you support a food drive at your local grocery store or your place of business? Can you volunteer two hours of your time to help sort food or hand it out at your church? The only way to move forward through high periods of food need is to go through.

Gratefully,

Jacob Wanderscheid **Executive Director**

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Fiscal Year 2021 Accomplishments



A Network of Food Donors

Hundreds of retailers, manufacturers, and farmers contributed to a total of **3,505,894 pounds of food** *received* in 2021.

SOURCES OF FOOD (IN POUNDS) FY 2021

Purchased Items	741,282	21%
lowa Commodities Nebraska Commodities	1,101,325 136,538	31% 4%
Total	3,505,894	100%

*Local donations include individual donors, food drives, retail store donations, and corporate donations.

A Network of Volunteers

A total of **5,254 hours** of service provided by hundreds of volunteers

- 3,192 hours helping in the warehouse and office
- 2,062 hours assembling food sacks for the BackPack Program: Food for Kids

1,180,033 pounds of food distributed across Siouxland via the **Mobile Pantry Program:** *Food to You*

- Served 24,237 households
- Served 73,239 individuals
- · Including 32,025 children

44,530 pounds of food distributed across Siouxland via the **Mobile School Pantry Program:** *Food for Families*

- Served 645 households
- · Served 2,928 individuals
- Including 1,594 children

63,460 food sacks distributed to students in ten area schools through the **BackPack Program**: *Food for Kids*







A Network of Agencies & Direct Service Programs

AGENCIES BY TYPE

Emergency Food Pantries	68
Soup Kitchens	2
Emergency Shelters	1
Residential	8
Day Care	1
Senior	9
Rehabilitation	6
Youth Programs	3
Multi-Service	7
Total	105

* Excludes BackPack Program.

A network that *distributed* nearly **3.3 million pounds of food** in 2021 serving **74,717 households**; representing **369,801 individuals** in need, which included **131,086 children**. **288,871 meals** and **184,218 snacks** were provided by agencies which served meals.

TOP 5 CATEGORIES OF FOOD DISTRIBUTED

- 600,123 pounds of meat (including fish and poultry)
- 462,614 pounds of fresh produce
- **301,515** pounds of dairy
- 227,540 pounds of canned fruit
- 199,736 pounds of canned vegetables



Statement of Financial Position

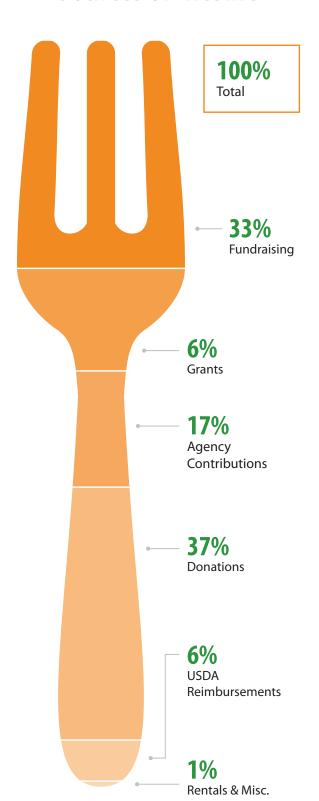
ASSETS

	2021	2020
Current Assets		
Cash	\$1,353,760	\$1,353,760
Receivables	-\$14,745	\$20,116
Prepaid Expense	\$6,040	\$5,771
Product Inventory	\$653,629	\$661,386
	\$1,998,684	\$2,041,033
Property and Equipment	\$1,560,711	\$1,522,340
Less Accumulated Depreciation	(\$827,446)	(\$769,291)
	\$733,265	\$753,049
Investments	\$271,078	\$45,148

LIABILITIES AND NET ASSETS

	2021	2020
Current Liabilities	\$15,807	\$16,677
Long Term Liabilities		
Net Assets		
Unrestricted	\$2,606,505	\$1,599,893
Temporarily Restricted	\$157,504	\$199,582
	\$2,764,009	\$1,799,475
Total Liabilities and Net Assets	\$3,274,841	\$2,839,230

Sources of Income





Empty Bowls

After last year's virtual event, the Food Bank of Siouxland's Board of Directors and staff were looking forward to our 18th Annual Empty Bowls Fundraiser, which was scheduled for February 4, 2022. After much thought, we came to the difficult decision to postpone the event until the Siouxland community made it past the spike in the Omicron variant.

As of the publication date of this newsletter, we have rescheduled the event for Friday, April 22, 2022, and we can't wait! There's still time to purchase your tickets! Join us for a soup dinner and a fun night of live music, dancing, silent and live auctions, and more! Each

attendee will leave the event with a oneof-a-kind bowl made by a local artist. It's a night you won't want to miss. The Food Bank will be making a very special announcement and you'll want to be the first to know!

All proceeds will help the Food Bank of Siouxland provide nutritious and necessary food to our friends and neighbors in need.

Visit one.bidpal.net/emptybowls2022 for tickets and more information.

Thank you to our Empty Bowls Sponsors!

PRESENTING SPONSOR:

Seaboard Triumph Foods

PLATINUM SPOON SPONSOR:

Wells Enterprises

MEDIA SPONSOR:

KTIV News 4

PRINT SPONSOR:

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CF Industries

GOLD SPOON SPONSORS:

Greenberg's Foundation Keane and Associates Mollet Industrial Group, LLC Tyson Foods – Dakota Dunes

SILVER SPOON SPONSORS:

First Lutheran Church – Sioux City Klass Law Firm PREMIER Bankcard Sunnybrook Shine

STERLING SPOON SPONSORS:

All Power, Inc. Pam Bales **CMBA Architects** Community Basket - IDA Mark and Brenda Eganhouse empirical foods Faith United Presbyterian Church FS Repair Richard Hettinger **IBEW Local 231** Morningside Lutheran Food Pantry Security National Bank Sterk Financial Services Sunnybrook Hope Center Thompson Electric Tyson Fresh Foods - Dakota City Up from the Earth Van Osdel Plastering and Drywall

FOOD SPONSORS:

Aggies

Brightside Café Siouxland Soup Kitchen/Joe Twidwell Sodexo - Morningside University SoHo Kitchen and Bar St. Teresa of Calcutta Church Sweetwater Café





Agency Spotlight: The Midtown Family Community Center

A man travels on foot, behind the building and through the alley to get enough food for his family to last the weekend. An elderly woman, limited in her interactions with others, enjoys talking to others while sitting down for a hot meal.

This man and his family, this woman, and many others each month receive food from the Midtown Family Community Center (Midtown). Founded in 2007 as a project of the Jones Street Neighborhood Coalition, Midtown has served the Siouxland community for over a decade. Janet King, the Midtown Coordinator, and her team are hands-on when it comes to stopping by the Food Bank to pick up fresh produce, coordinating the delivery of food, preparing meals, distributing food for people to take home, and making people smile as they are served. The Food Bank receives many calls each month about the Midtown Mobile Food Pantry; anecdotal evidence that tells us people depend on and look forward to the food and meals provided by Midtown.

Whether people are driving through and taking food home from the mobile pantry or sitting down for a meal as a

community, Midtown serves approximately 2,500 adults and children each month — individuals and families of all sizes. They prepare and serve approximately 600 meals every Saturday, free to the public. During the holiday season, Midtown serves a Thanksgiving dinner and offers a Christmas program, complete with gifts. This last Christmas, over 300 kids received not only a warm meal but a present, too.

In addition to serving the community, you will also see Janet and others from Midtown volunteering their time at the Food Bank. As a pillar of service to the community with a mission to enhance the lives and futures of those they serve, Midtown's tireless effort to help those in need is to be admired.



Board Member Spotlight: *Ross Rocklin*

Born and raised in Sioux City, Ross Rocklin is the President of Rocklin Manufacturing, a family business based in Sioux City since 1934 that manufactures and distributes industrial electronic equipment. Not only does Ross serve on our Board, he also currently serves on the Western Iowa Tech Foundation Board and is a member of the Chicago Entrepreneurs' Organization. Ross graduated from North High School and holds a BA from Duke University and an MBA from NYU-Stern. He enjoys running, traveling, and trying to keep up with his kids, Siena (seven) and Dawson (five), with his wife, Lauren.

As a new board member, Ross is eager to support the Food Bank's critical mission to fight hunger. "It's rare that an organization has such a direct, positive impact on the lives of so many people on a daily basis. Our company has volunteered through the Backpack Program, and it's been eye-opening to learn how the Food Bank supports Siouxland in so many other ways. I'm excited to contribute in any way I can."





2022 BOARD OF DIRECTORS

Kelli Meister, President Dave Washburn, Vice President Zoe Knudsen, Secretary Chris Osborn, Treasurer Tyler Hayden, Past President

Tracey Akins
Ed Bottei
Matt Campbell
Mary Helen Gibson
Mike Gormally
Lea Greathouse
Jessica Harms
Casey Johnson
Zoe Knudsen
Colby Lessmann
Lillian Lopez
Ross Rocklin
Diane Schoenrock
Les Wilt

FOOD BANK STAFF 2022

Jacob Wanderscheid Executive Director

Valerie Petersen
Associate Executive Director

Jennie Allen
Operations Director

Jamie Bockelmann Agency Relations Manager

Tiffany Kissinger Program and Administrative Manager

Nick Todd Senior Driver

Royce Smith
Driver / Warehouse Assistant

Avery Blackhawk Warehouse Lead

Kenna Felix
Full-time Warehouse Assistant

Tre Reynolds
Full-time Warehouse Assistant

Tom Kuchera
Part-time Warehouse Assistant

Devin Smith
Part-time Warehouse Assistant



Employee Spotlight: Jennie Allen

Jennie Allen is the Operations Director at the Food Bank of Siouxland.

Jennie is a Morningside University graduate, mother of two, and has been with the Food Bank for almost eight years. In that time, Jennie has worked tirelessly to make the Food Bank's operations run smoothly and efficiently, including redesigning the warehouse layout and adding racking and equipment. Before coming to the Food Bank, Jennie worked as a journalist for KCAU news in Sioux City.

Jennie is passionate about her work in helping to feed the hungry in Siouxland because she knows what it's like to need food. As a child, her family needed help with food and as an adult, she needed help with food to feed her kids. According to Jennie, the main reason she came to the food bank was because "I want to be able to give back to the people that had helped me."

In her spare time, Jennie enjoys gardening, growing houseplants, and hanging out with her dogs Otis and Dodger. She even donates extra produce from her garden back to the Food Bank. Thank you for your dedication to helping those in need, Jennie!



Save the Dates



Letter Carrier's Stamp-Out Hunger Food Drive

Tentatively May 14, 2022

Traditionally, the in-person food drive has been held on the second Saturday in May. For the past two years due to the COVID-19 pandemic, the in-person food drive has been canceled for safety and health reasons. This year, plans are underway to tentatively hold the traditional, in-person food drive on Saturday, May 14, 2022.

Please note that as NALC continues to monitor the ongoing COVID-19 pandemic, the food drive is subject to change or be canceled if necessary to protect the safety and health of those involved.

Learn more: nalc-info.org/3FonjeB (nalc.org)



19th Annual "Food Bank of Siouxland Golf Classic"

TBD — **Late summer 2022** — Whispering Creek Golf Club

Join us for a fun day of 18 holes of golf (including cart) followed by dinner and prizes! Shotgun-style play starting at noon. Contact Valerie at **712-255-9741 ext. 2** or **valerie@siouxlandfoodbank.org** to learn more, register or create your team, become a sponsor and/or donate prizes! (An in-person event is planned, but the event is subject to change).